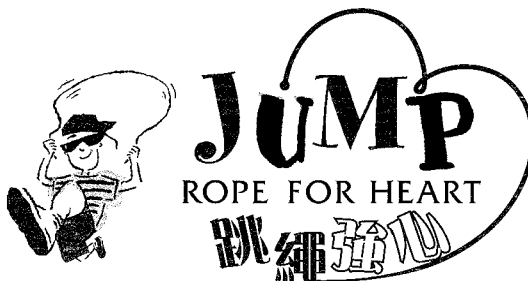


Room 1116, Bank of America Tower  
12 Harcourt Road, Central, Hong Kong  
Tel: (852) 2899 2035  
Fax: (852) 2899 2045  
E-mail: jumprope@netvigator.com  
Website: www.jumprope.org.hk

Organized by:  
Hong Kong College of Cardiology



established since 1999

香港中環夏慤道12號  
美國銀行中心1116室  
電話：(852) 2899 2035  
傳真：(852) 2899 2045  
電子郵件：jumprope@netvigator.com  
網址：www.jumprope.org.hk

主辦機構：  
香港心臟專科學院

## Entry Form (20\_\_\_/20\_\_\_)

School: \_\_\_\_\_ Principal: \_\_\_\_\_

Address: \_\_\_\_\_

JRFH Coordinating Teacher: \_\_\_\_\_ Tel: \_\_\_\_\_ Fax: \_\_\_\_\_


It is the \_\_\_\_\_ year we join the Program °

Proposed date of Jump Off Day: (Y/M/D) \_\_\_\_\_

Estimated no. of participants: \_\_\_\_\_ Class of participants: \_\_\_\_\_

Please use ✓ to indicate the materials you require and specify the quantity.

<input type="checkbox"/> “Heart ambassador” pins	(10 pcs)
<input type="checkbox"/> JRFH User’s Guide	(1 pc)
<input type="checkbox"/> JRFH Poster (approx. 420mm x 600mm)	(2 pcs)
<input type="checkbox"/> Collection pledge (each student 1pc)	_____ pcs
<input type="checkbox"/> Skipping posters (40 pages)	40 pages (1 pc)

 We agree to launch the Jump Rope for Heart Program in 20\_\_\_/20\_\_\_, including **teaching skipping skills**, **heart health education**, **fund raising** and **organizing Jump off Day**. °

\_\_\_\_\_  
Signature of principal & Chop

\_\_\_\_\_  
Signature of coordinating teacher

\_\_\_\_\_  
Date

*Please send the completed entry form to JRFH Secretariat (Fax: 2899 2045)*